



START LIVING THE LIFE YOU ALWAYS IMAGINED

Greetings!

We have some exciting announcements for you today!

Imagine is kicking off a year long Enrichment Series on February 21st. **Each month will feature a different instructor and topic for you to explore. We have pulled together our best topics so that you can continue learning throughout the year.** Classes will be held during the last week of each month, here at Imagine from 7:00-8:30pm.

[CLICK HERE](#) to download the Enrichment Series Brochure for all class descriptions and details.

Next up - **The 2nd round of Charity Cycling begins on Monday February 6th!** Every Monday from 6:00-6:45pm and Friday from 8:00-9:00am come cycle for free and earn miles for your favorite Ann Arbor Organization. We will keep track of your miles in the studio and at the end of April Imagine will be making a donation to the organization with the most miles. Check out all of the details below.

Make sure that you sign up in advance to save yourself a bike, these classes will fill up fast. [CLICK HERE](#) to sign up for Monday February 6th and [CLICK HERE](#) for Friday February 10th. See you on the bike!

TEAM IMAGINE

John & Nelson's Corner

Most of you know who Nelson and I are, or maybe you think you know.

Nelson is the wise one, he has advice for everyone. Me,



I'm the one who follows that advice - well, 10% of it anyway. But even that 10% is worth it.

Here is some advice that's not from Nelson, but he likes it anyway.

[CLICK HERE](#) for the advice!



Announcing the

Imagine Fitness & Yoga

2017 Enrichment Series!

All 10 classes for only \$100!

New exciting topic & instructor
every month!

Topics Include:

- Nutrition - 5 throughout the year
- Yoga for Back Care
- Increasing Stability, Balance, Alignment
- Tai Chi for Recovery & Wellness
- Yoga for Arthritis
- Thai Massage

**Classes will be held
last week of every month
7:00-8:30p**

LEARN. ENRICH. GROW

*More details to come!

*Begins Feb 21st



CYCLING FOR CHARITY

FIRST RIDE:

Monday
February 6th
6:00 - 6:45pm

HOW IT WORKS:

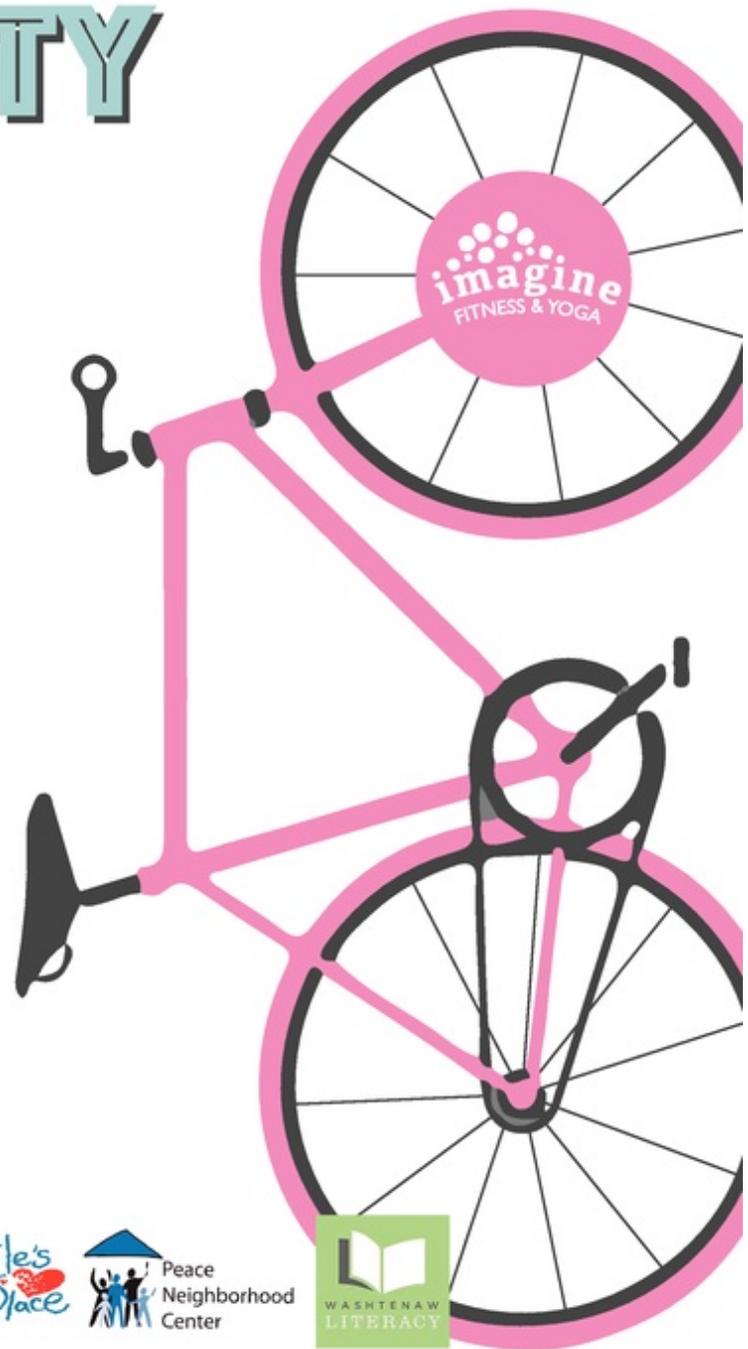
Join us Monday's 6:00-6:45pm
OR Friday's 8:00am-9:00am
for a FREE Cycling Class

Select the charity you would like to ride for--choose from 1 of 5 participating charities:

Ride to help build miles for your chosen charity

At the end of the race, the organization with the most miles tallied, will receive a **\$1000** donation from Imagine!!

PARTICIPATING CHARITIES:



Imagine
FITNESS & YOGA

New Member Special

2 Weeks FREE!!
Unlimited Classes and Gym use

**Do you enjoy Imagine?
Share our newsletter with a friend so they can take advantage of our 2 weeks Free special!**

If you are receiving this email it is because you are a part of our Imagine Community. For that we thank you and we celebrate you.

Here at Imagine we always aim to ensure that our guests are receiving a personal touch. If there is ever anything that we can do to make your experience at Imagine more enjoyable please do not hesitate to let us know!

Start living the life you always Imagined!

John and Jackie Farah
Imagine Fitness and Yoga



**HAVE YOU LIKED US ON FACEBOOK YET? REVIEWED US ON YELP?
CONNECT WITH US HEAR FOR THE LATEST NEWS AND FITNESS TIPS!**



SHARE THIS EMAIL

DID YOU ENJOY THIS MONTHS
NEWSLETTER? SHARE IT WITH A FRIEND!

Imagine Fitness and Yoga

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